

WEEK 1 07 Sept, 28 Sept, 19 Oct, 09 Nov, 30 Nov, 21 Dec, 11 Jan, 01 Feb, 22 Feb, 15 Mar

Monday Planet Earth Day	Tuesday World Food Day Italian	Wednesday Originals	Thursday Street Food Day	Friday Friday Favourites
Pizza Bar- A selection of Homemade Veggie Pizza on Wholemeal Base	Italian Meatballs in Homemade Tomato Sauce served with Pasta	Roast Gammon with Roast Potatoes and Gravy	Chicken Pitta with Vegetable Rice	Oven Baked Fish Fingers and Chips
Chickpea and Spinach Curry with Rice (v)	Roast Vegetable Pasta Bake (v)	Veggie Sausage with Roast Potatoes and Gravy (v)	Vegetable and Bean Moroccan Tagine with Vegetable Rice (v)	Veggie Fajitas with Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Peas Sweetcorn	Roasted Seasonal Vegetables	Carrots Green Cabbage	Broccoli Sweetcorn	Peas Baked Beans
Fruit Cookie	Raspberry and Coconut Flapjack	Vanilla Shortbread	Chocolate and Pear Cake	Fresh Fruit Slices

WEEK 2 14 Sep, 05 Oct, 26 Oct, 16 Nov, 07 Dec, 28 Dec, 18 Jan, 08 Feb, 01 Mar, 22 Mar

Monday Planet Earth Day	Tuesday World Food Day Great British	Wednesday Originals	Thursday Street Food Day Asian	Friday Friday Favourites
Vegetable Bolognese Pasta Bake	Pork Sausage with Mashed Potato and Onion Gravy	Roast Pork with Roast Potatoes and Gravy	Chicken Tikka Curry with Rice	Oven Baked MSC Fish and Chips
Vegetable Nacho Bake with Rice (v)	Lentil and Vegetable Shepherdess Pie (v)	Vegetable Wellington with Roast Potatoes and Gravy (v)	Vegetable Chow Mein (v)	Cheese and Tomato French Bread Pizza with Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Roasted Peppers Peas	Roast Parsnips Broccoli	Carrots Cabbage	Sweetcorn Whole Green Beans	Peas Baked Beans
Oaty Carrot Cake	Apple & Cinnamon Puffs	Chocolate Crispy Cake	Blueberry and Lemon Cake	Fresh Fruit Slices

WEEK 3 21 Sep, 12 Oct, 02 Nov, 23 Nov, 14 Dec, 04 Jan, 25 Jan, 15 Feb, 08 Mar, 29 Mar

Monday Planet Earth Day	Tuesday World Food Day American	Wednesday Originals	Thursday Street Food Day	Friday Friday Favourites
Macaroni Cheese	Beef Burger with 1/2 Jacket Potato	Roast Chicken with Roast Potatoes and Gravy	Beef Bolognese with Spaghetti	Oven Baked Fish Fingers and Chips
5 Bean Mild Chilli Non Carne with Rice (v)	Veggie Burger with 1/2 Jacket Potato	Cheese and Potato Pie (v)	Sweet Potato and Lentil Dahl with Naan (v)	Cheese and Tomato Pinwheel with Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Salmon Mayo
Peas Carrots	Sweet Red Onions Sweetcorn	Roasted Root Vegetables	Cauliflower Broccoli	Peas Baked Beans
Fruit Flapjack	Peaches and Cream Cake	Chocolate Shortbread	Tropical Fruit Sponge	Fresh Fruit Slices

Boiled potatoes available as an alternative to chips/wedges or roast potatoes. Freshly baked homemade bread and fresh fruit available daily.

✓ Suitable for Vegetarians. All our food is prepared in a kitchen where gluten and other allergens are present and our menu descriptions do not include all ingredients. We have a nut free policy in all of our kitchens. If you have a food allergy, please let us know before ordering.

Full allergen information is available on request.

