

PE School Overview 2021-22

Expectation: 2 PE lessons per week (one indoor and one outdoor)

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Introduction to PE	Dance & movement – iMoves Games	Gymnastics – key skills Games	Gymnastics – iMoves Games	Gymnastics – large apparatus Games	Team Games Games
Year 1	Gymnastics – key skills Multi-skills (bat and ball)	Infant Agility Multi-skills (running and jumping)	Dance – iMoves Catching and throwing	Infant Agility Attacking and defending	Gymnastics – iMoves Multi-skills (running and jumping)	Gymnastics – large apparatus Invasion games
Year 2	Gymnastics – key steps Football	Multi-skills Tag rugby	Infant agility Netball	Gymnastics – iMoves Kwik Cricket (Rapid Fire)	Swimming Hockey	Swimming Athletics
Year 3	Swimming Netball	Swimming Hockey	Gymnastics - iMoves Orienteering / OAA	Gymnastics – large apparatus Rugby	Multi-skills Athletics	Dance – iMoves Golf
Year 4	Gymnastics – large apparatus Hockey	Dance Orienteering / OAA	Indoor athletics/swimming Rugby	Swimming Tennis	Gymnastics – iMoves Athletics	Multi-skills Kwik Cricket
Year 5	Multi-skills Basketball	iMoves Dance (Greeks) Football	iMoves Gymnastics Pt 1 Tennis	iMoves Gymnastics Pt 2 + Indoor Athletics Hockey	Indoor Athletics + iMoves Dance (Space) Netball	Gymnastics – large apparatus Kwik Cricket
Year 6	Indoor athletics Rugby	Aerobics Netball	Gymnastics – iMoves Hockey	Dance Football	Multi-skills Kwik Cricket	Gymnastics – large apparatus (inc. team building) Athletics