

## PE School Overview

**Expectation:** 2 PE lessons per week (one indoor and one outdoor)

	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>	<b>Term 5</b>	<b>Term 6</b>
<b>Reception</b>	Introduction to PE	Dance & movement – iMoves Games	Gymnastics – key skills Games	Gymnastics – iMoves Games	Gymnastics – large apparatus Games	Team Games Games
<b>Year 1</b>	Gymnastics – key skills Multi-skills (bat and ball)	Infant Agility Multi-skills (running and jumping)	Dance – iMoves Catching and throwing	Infant Agility Attacking and defending	Gymnastics – iMoves Multi-skills (running and jumping)	Gymnastics – large apparatus Invasion games
<b>Year 2</b>	Gymnastics – key steps Football	Multi-skills Tag rugby	Infant agility Netball	Gymnastics – iMoves Kwik Cricket (Rapid Fire)	Indoor athletics Hockey	Gymnastics – large apparatus Athletics
<b>Year 3</b>	Gymnastics - iMoves Netball	Gymnastics – large apparatus Hockey	Swimming Orienteering / OAA	Swimming Rugby	Multi-skills Athletics	Dance – iMoves Golf
<b>Year 4</b>	Gymnastics – large apparatus Hockey	Dance Orienteering / OAA	Gymnastics – iMoves Rugby	Multi-skills Tennis	Swimming Athletics	Swimming Kwik Cricket
<b>Year 5</b>	Swimming Basketball	Swimming Football	iMoves Gymnastics Pt 1 Tennis	iMoves Gymnastics Pt 2 + Indoor Athletics Hockey	Indoor Athletics + iMoves Dance (Space) Netball	Gymnastics – large apparatus Kwik Cricket
<b>Year 6</b>	Indoor athletics Rugby	Aerobics Netball	Gymnastics – iMoves Hockey	Dance Football	Multi-skills Kwik Cricket	Gymnastics – large apparatus (inc. team building) Athletics